



Temp News

ATTENDANCE MATTERS

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C&S Staff:

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Jerry Benne, CSP
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Staffing Specialist

Sonnett Cagle, CSP CTS
Staffing Specialist

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Payroll Clerk

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Community Relations Coordinator

Mary Heimericks
Claims Manager

Erin Rakow, CSP
Office Assistant

Jerry Benne Jr.
Front Desk Technician

Being on time for work -- not to mention being there for work -- is not always easy, but it is always important. First and foremost, you want to keep your job. In some workplaces, unexcused absences are cause for termination. Additionally, if you ever expect to be considered for a raise or future assignments, you must show your commitment to the job.

It is very possible and could be quite simple to improve our attendance and punctuality just by evaluating our daily routines.

1. Analyze -- Take an honest look at how long it takes you to get ready for work. If you are chronically late, it might be because you don't have a realistic idea of how much time it actually takes you to get ready and get to work. Try keeping a log of how long it takes you to complete each pre-work activity, from eating breakfast to brushing your teeth to walking the dog.



2. Preparation -- Preparation is key when it comes to getting to work on time. Lay out your work clothes the night before. If you take your lunch to work, prepare it the night before too. If you need cash, go to the ATM at night instead of stopping in the morning. The same goes for gas in the tank or bus fare. If you have children, prepare their clothes, lunches and book bags before bed as well.



3. Sleep Habits -- Stop hitting the snooze button if you are having trouble getting out of the house on time. Instead of getting up with just enough time to get dressed, wake up before your normal time -- especially if you have children. Take time to ease into your day before the morning madness of your household. To get adequate rest in lieu of your new wakeup time, go to bed earlier at night, and limit stimulants like caffeine, sugar and the bright lights of TV and computer screens before bed.



4. Getting Ready -- Put all of your belongings in one place so you aren't flying around the house trying to gather things at the last minute. Among the essentials are your cell phone, keys, purse, wallet, briefcase, coat, shoes and umbrella. Parents should include book bags and lunches in this category.

5. Healthy Habits & Time Management -- Living healthy can also help improve your punctuality and attendance. Eat right, exercise and reduce stress, so you won't have to take as many sick days. Also, increase productivity at work by eliminating distractions such as excessive talking and browsing social networks. Try not to miss out on valuable rest because you are routinely staying up too late.



ASA NATIONAL STAFFING EMPLOYEE WEEK



Celebrating the Stars of America's Workforce
SEPT. 16-22, 2019

Not only does Labor Day salute the American worker, September 16-22 has been designated as National Staffing Employee Week. This week turns the focus on employees like those of us employed by C&S and celebrates their contribution to the workforce.

C&S would like to use this opportunity to say "thank you" to all our employees for their hard work and valuable contributions you make every day to C&S and your place of employment. **As a token of our appreciation, C&S is giving away two \$50 gift cards to two lucky employees currently on assignment through C&S.**

To enter, simply send an email to stephaniel@cs-business.com by September 13. If you do not have access to email, call or stop by C&S during regular business hours to enter your name & daytime phone by September 13. The winners will be contacted during National Staffing Employee Week!

C&S Employee Corner Anthony Bettencourt

The *September C&S Employee Corner* features Anthony Bettencourt. Anthony's experience with C&S Business Services spans back to 2004.

His first assignment through C&S was in August of 2004 where he was placed on assignment as an assembler at ABB. It wasn't long before Anthony was hired permanently with ABB.



Anthony Bettencourt

Upon his return to Jefferson City in 2013, Anthony came back to C&S looking for employment. He said he trusted C&S to find him employment because Sonnett "looks at my capabilities and places me in a job that matches my skills."

In August of 2013, Anthony was placed at Modern Litho Print where a short-term assignment

turned into a 7-month job doing painting and other repair work to the facility. He said he "likes fixing things" so this assignment was another good fit for him.

Anthony's latest assignment through C&S was at Midwest Block & Brick where he works as a caster. Again, C&S found a good fit for Anthony and he was offered and accepted a permanent position there.

He gave credit again to C&S for finding and placing him in a job he likes and fits his skills. "C&S is the best temp place in town...Sonnett puts so much into what she does", Anthony said.

On a personal note, Anthony grew up on a ranch in northern California. He learned a number of trade skills at an early age that he continues to use and perfect now. In his spare time, he enjoys extreme sports and fixing appliances.

C&S appreciates Anthony allowing us to share his positive experiences & his kind words about C&S!



What's happening in September:

September 2 -- Labor Day (C&S office closed)

September 3 -- C&S office open regular business hours

September 16-22 -- National Staffing Employee Week (*see how to win a \$50 gift card in the article to the left*)

September 23 -- Autumnal Equinox (Fall begins)

September 27 -- Deadline for United Way pledges/cards returned to C&S (*see information sent under separate email*)

Permanent Placements

The following employees were recently offered and accepted permanent employment at their assignments. C&S would like to congratulate and thank each of these individuals for their hard work and dedication!

Jason Leveritt
Stacey Hardin
Jason Ewald
Vicky Weiser
Austin Boelkes
Bradley Blackwell
James Burton
Gerard Pederson
Rodney Sweezer
Bailey Blackford
Devin Michel

~ REFERRAL BONUS REMINDER ~
C&S offers a **\$25 REFERRAL BONUS** to employees just for sending us applicants who complete an application and are placed in a job assignment of 160 hours or more. Take advantage of this easy money!

